

**Northwestern University, Feinberg School of Medicine, Institute for Global Health  
Health and Safety Preparedness Form**

The Feinberg School of Medicine's (FSM) Institute for Global Health at Northwestern University asks FSM students and residents participating in international rotations to complete this Health and Safety Preparedness Form to ensure they are aware of the resources available to them at Northwestern and IGH partner sites.

The following are general recommendations, followed by information for each IGH partner site. General recommendations can be found on the Office of Global Safety and Security's [website](#), and recommendations specific to IGH partner sites can be found on the IGH Affiliated Partners [website](#).

**General Recommendations**

**Medical Emergencies:**

1. Before you go, look up the [equivalent of 911](#) in the country where you will be.
2. Visit the FSM Student Health Clinic for immunization records and consultation on vaccination requirements. An additional resource to consult is the Northwestern Travel Medicine Clinic [website](#).
3. All FSM students and residents/fellows are required to purchase [GeoBlue travel insurance](#) prior to departure. Students can go to any medical center they want in their location, though some are 'in-network' for GeoBlue, in which case payment could be made directly by GeoBlue to the facility (see below).
4. In the case of a medical emergency, go to the nearest hospital or clinic.
5. Call GeoBlue at their 24/7 emergency assistance line: +1 (610) 254-8771. You can call collect.
  - Provide GeoBlue with the traveler's name, policy number (if available), and the address and phone number of the hospital or medical facility
  - GeoBlue will monitor your case closely to determine if medical care is appropriate and adequate local resources are available
  - Often, GeoBlue can arrange for Direct Pay to the medical facility for treatment. If they cannot directly pay the medical facility, the traveler will be reimbursed for the cost of treatment
4. Notify the Institute for Global Health staff ([globalhealth@northwestern.edu](mailto:globalhealth@northwestern.edu)) as soon as possible.
5. Students can also reach Northwestern University Police 24/7 at (847) 491-3456 to reach the Office of Global Safety and Security and the Institute for Global Health during off hours or holidays.

**Safety Emergencies – Man-made or Natural Disasters:**

1. Before you go, FSM students are requested to submit their emergency contact information to [Drum Cussac](#), a free service that works with GeoBlue but focuses on safety information, and familiarize themselves with security and health recommendations for their destination prior to travel.

In circumstances where travelers are perceived to be in imminent danger resulting from a severe political or environmental circumstances, and the window of opportunity for action is short, the Director of the Office of Global Safety and Security or Vice President for Risk Management and the institution's evacuation assistance provider, in conjunction with the Institute for Global Health, have the authority to immediately suspend travel and initiate evacuation proceedings.

GeoBlue/Drum Cussac will inform you of its evacuation services should they be needed. Students and residents should also follow the instructions of the program director at the site.

To reduce your risk of exposure to man-made disasters, students and residents are encouraged to:

- Exercise vigilance in public places – identify multiple exits, monitor your possessions and alert authorities to unaccompanied bags or suspicious individuals
- Exit and enter buses, trains and subways quickly (do not loiter)
- Keep abreast of local news; follow the guidance of local authorities
- Have your cell phone fully charged and with you at all times
- Memorize local emergency contact information (names and telephone numbers)
- Sign up for and read all electronic messages you receive from the U.S. DOS Smart Traveler Enrollment Program (STEP) – registration is strongly encouraged (and even required for certain types of traveler)
- Stay in regular contact with your family members or loved ones at home
- Limit your patronage of American-owned or branded shops and restaurants
- Pay attention to all messages from Northwestern, GeoBlue, and Drum Cassic regarding health or safety
- Respond immediately to any check-in requests from the Institute for Global Health

#### **Blood-borne Pathogen Exposure and Post -Exposure Prophylaxis:**

It is extremely important that students and residents/fellows review the Institute for Global Health Guidelines for Blood-borne Pathogen Exposure and Post-Exposure Prophylaxis (PEP) at Global Health Field Sites posted on the IGH [website](#).

- Prior to travel, ensure that all recommended vaccinations are up to date.
- In the event of an exposure, stop what you are doing and rinse/disinfect the exposed area.
- Immediately seek medical care to determine if PEP is needed.
- Inform your site preceptor and the FSM Emergency Contacts listed in the [Guidelines](#).
- Contact GeoBlue for medical care coverage or Medevac, if necessary.

#### **Recommendations Specific to Partner Sites**

##### **Asociacion Civil Impacta Salud y Educacion - Peru**

Location: Lima, Peru

Website: <http://www.impactaperu.org/en/>

Post Exposure Prophylaxis Kit Available on Site: Yes

Vaccinations: Refer to [CDC Peru](#) travel page for the most up to date information

Hospitals: There are 19 hospitals in Lima. Clinica Anglo-Americana is well known and in network for GeoBlue.

State Department Country Information: <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Peru.html>

In case of emergency: Site preceptor will provide instructions, Northwestern staff will reach out, GeoBlue will be in touch with additional information

##### **Centro Medico Susan Hou - Bolivia**

Location: Palacios, Bolivia, about 90 kilometers from Santa Cruz

Website: <https://www.centromedicosusanhou.org/>

Post Exposure Prophylaxis Kit Available on Site: Yes

Reviewed April 2020

Vaccinations: Refer to [CDC Bolivia](#) travel page for the most up to date information

Hospitals: Centro Medico can provide onsite care. Clinica Foianini Hospital in Santa Cruz is in network for GeoBlue.

State Department Country Information: <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Bolivia.html>

In case of emergency: Site preceptor will provide instructions, Northwestern staff will reach out, GeoBlue will be in touch with additional information

### **Charite University – Germany**

Location: Berlin, Germany

Website: <https://www.charite.de/en/>

Post Exposure Prophylaxis Kit Available on Site: Yes

Vaccinations: Refer to [CDC Germany](#) travel page for the most up to date information

Hospitals: The Charite is the largest university hospital in Europe and can provide onsite care

State Department Country Information: <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Germany.html>

In case of emergency: Site preceptor will provide instructions, Northwestern staff will reach out, GeoBlue will be in touch with additional information

### **Child Family Health International**

Location: Various locations

Website: [www.chfi.org](http://www.chfi.org)

Post Exposure Prophylaxis Kit Available on Site: Yes for sites with clinical services

Vaccinations: Refer to CDC specific country travel page for the most up to date information

Hospitals: Refer to the GeoBlue website/app or your site preceptor to find the nearest hospital

State Department Country Information: search your country

at <https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html/>

In case of emergency: Site preceptor will provide instructions, Northwestern staff will reach out, GeoBlue will be in touch with additional information

### **Clinica de Familia – Dominican Republic**

Location: La Romana, Dominican Republic

Website: <https://www.clinicadefamilia.org.do/>

Post Exposure Prophylaxis Kit Available on Site: Yes

Vaccinations: Refer to [CDC Dominican Republic](#) travel page for the most up to date information

Hospitals: Clinica de Familia can provide onsite care. There are numerous in network hospitals in La Romana for GeoBlue, including the International Medical Center – Dominican Republic

State Department Country Information: <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/DominicanRepublic.html>

In case of emergency: Site preceptor will provide instructions, Northwestern staff will reach out, GeoBlue will be in touch with additional information

### **Hillside Health Care Clinic – Belize**

Location: Toledo District, Belize

Website: <https://www.hillsidebelize.org/>

Post Exposure Prophylaxis Kit Available on Site: Yes

Vaccinations: Refer to [CDC Belize](#) travel page for the most up to date information

Reviewed April 2020

Hospitals: Hillside Health Care Clinic can provide onsite care. The nearest hospital is Punta Gorda Hospital

State Department Country Information: <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Belize.html>

In case of emergency: Site preceptor will provide instructions, Northwestern staff will reach out, GeoBlue will be in touch with additional information

### **Karolinska Institute – Sweden**

Location: Stockholm, Sweden

Website: <https://ki.se/en/startpage>

Post Exposure Prophylaxis Kit Available on Site: Yes

Vaccinations: Refer to [CDC Sweden](#) travel page for the most up to date information

Hospitals: Karolinska University Hospital is an in network provider for GeoBlue

State Department Country Information: <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Sweden.html>

In case of emergency: Site preceptor will provide instructions, Northwestern staff will reach out, GeoBlue will be in touch with additional information

### **Keio University – Japan**

Location: Toyko, Japan

Website: <https://www.keio.ac.jp/en/>

Post Exposure Prophylaxis Kit Available on Site: Yes

Vaccinations: Refer to [CDC Japan](#) travel page for the most up to date information

Hospitals: The Keio University Hospital at Shinanomachi campus can provide onsite care. Additionally, there are numerous in network international hospitals located in Tokyo for GeoBlue.

State Department Country Information: <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Japan.html>

In case of emergency: Site preceptor will provide instructions, Northwestern staff will reach out, GeoBlue will be in touch with additional information

### **Makerere University – Uganda**

Location: Kampala, Uganda

Website: <http://chs.mak.ac.ug/Welcome%20to%20the%20International%20Coordination%20Office>

Post Exposure Prophylaxis Kit Available on Site: Yes, at Mulago Hospital but may not be available for students participating in the Community Based Education and Services (COBES) program at rural clinics. Students who participate in the COBES program. Students participating in the COBES program should return immediately to Mulago hospital if exposure occurs.

Vaccinations: Refer to [CDC Uganda](#) travel page for the most up to date information

Hospitals: There are numerous hospitals in Kampala. Mulago Hospital can provide onsite care.

International Hospital, Kampala is an in network provider for GeoBlue

State Department Country Information: <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Uganda.html>

In case of emergency: Site preceptor will provide instructions, Northwestern staff will reach out, GeoBlue will be in touch with additional information

### **Peking University – China**

Location: Beijing, China

Reviewed April 2020

Website: <http://e.bjmu.edu.cn/index.htm>

Post Exposure Prophylaxis Kit Available on Site: Yes

Vaccinations: Refer to [CDC China](#) travel page for the most up to date information

Hospitals: There are numerous hospitals in Beijing. Peking University Hospital can provide onsite care and there are many international hospitals in network for GeoBlue

State Department Country Information: <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/China.html>

In case of emergency: Site preceptor will provide instructions, Northwestern staff will reach out, GeoBlue will be in touch with additional information

### **Royal College of Surgeons in Ireland**

Location: Waterford, Ireland

Website: <https://www.rcsi.com/dublin/>

Post Exposure Prophylaxis Kit Available on Site: Yes

Vaccinations: Refer to [CDC Ireland](#) travel page for the most up to date information

Hospitals: Waterford University Hospital can provide onsite care.

State Department Country Information: <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Ireland.html>

In case of emergency: Site preceptor will provide instructions, Northwestern staff will reach out, GeoBlue will be in touch with additional information

### **Stellenbosch University**

Location: Stellenbosch, South Africa

Website: <http://www.sun.ac.za/english/faculty/healthsciences/>

Post Exposure Prophylaxis Kit Available on Site: Yes, at Tygerberg Hospital but may not be available to students participating in the short term Hope/Kid Cru program. Students participating in the Hope/Kid Cru program should return immediately to Tygerberg Hospital if exposure occurs.

Vaccinations: Refer to [CDC South Africa](#) travel page for the most up to date information

Hospitals: Tygerberg Hospital can provide onsite care. There are numerous Mediclinic branches in Stellenbosch that are in network for GeoBlue.

State Department Country Information: <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/SouthAfrica.html>

In case of emergency: Site preceptor will provide instructions, Northwestern staff will reach out, GeoBlue will be in touch with additional information

### **Tel Aviv University – Israel**

Location: Tel Aviv, Israel

Website: [https://en-med.tau.ac.il/elective\\_program](https://en-med.tau.ac.il/elective_program)

Post Exposure Prophylaxis Kit Available on Site: Yes

Vaccinations: Refer to [CDC Israel](#) travel page for the most up to date information

Hospitals: There are numerous hospitals affiliated with Tel Aviv University that can provide onsite care and many are in network for GeoBlue

State Department Country Information: <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/IsraeltheWestBankandGaza.html>

In case of emergency: Site preceptor will provide instructions, Northwestern staff will reach out, GeoBlue will be in touch with additional information

### **Trinity College Dublin – Ireland**

Location: Dublin, Ireland

Website: <http://www.tcd.ie/medicine/>

Post Exposure Prophylaxis Kit Available on Site: Yes

Vaccinations: Refer to [CDC Ireland](#) travel page for the most up to date information

Hospitals: St. James’s Hospital (SJH) or Tallaght Hospital can provide onsite care. There are many in network hospitals for GeoBlue as well

State Department Country Information: <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Ireland.html>

In case of emergency: Site preceptor will provide instructions, Northwestern staff will reach out, GeoBlue will be in touch with additional information

### **Universidad Panamericana – Mexico**

Location: Mexico City, Mexico

Website: <http://www.up.edu.mx/en>

Post Exposure Prophylaxis Kit Available on Site: Yes

Vaccinations: Refer to [CDC Mexico](#) travel page for the most up to date information

Hospitals: Panamerica’s Medical School is affiliated with numerous hospitals that can provide onsite care. There are many in network hospitals for GeoBlue

State Department Country Information: <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Mexico.html> Travel to level 3 or 4 districts prohibited.

In case of emergency: Site preceptor will provide instructions, Northwestern staff will reach out, GeoBlue will be in touch with additional information

### **Universite Cheikh Anta Diop – Senegal**

Location: Dakar, Senegal

Website: <https://www.ucad.sn/>

Post Exposure Prophylaxis Kit Available on Site: Yes

Vaccinations: Refer to [CDC Senegal](#) travel page for the most up to date information

Hospitals: Fann Hospital and Hospital le Dantec are Cheikh Anta Diop University’s two teaching hospitals and can provide onsite care

State Department Country Information: <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Senegal.html>

In case of emergency: Site preceptor will provide instructions, Northwestern staff will reach out, GeoBlue will be in touch with additional information

### **Universite de Strasbourg – France**

Location: Strasbourg, France

Website: [http://www.unistra.fr/index.php?id=accueil&utm\\_source=unistra\\_fr&utm\\_medium=unistra\\_fr\\_homepage](http://www.unistra.fr/index.php?id=accueil&utm_source=unistra_fr&utm_medium=unistra_fr_homepage)

Post Exposure Prophylaxis Kit Available on Site: Yes

Vaccinations: Refer to [CDC France](#) travel page for the most up to date information

Hospitals: Nouveau Hôpital Civil, the University of Strasbourg teaching hospital can provide onsite care. There are numerous health centers that are in network for GeoBlue

State Department Country Information: <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/France.html>

In case of emergency: Site preceptor will provide instructions, Northwestern staff will reach out,

Reviewed April 2020

GeoBlue will be in touch with additional information

**I acknowledge I have reviewed the information in this Health and Safety Preparedness Form prior to my participation in a Center for Global Health sponsored international experience.**

Signature: \_\_\_\_\_

Name: \_\_\_\_\_

NetID: \_\_\_\_\_

Date: \_\_\_\_\_